

**WYOMING
GOAL SETTING Worksheet**

Name: _____

Start Date: _____

What do you want to be able to accomplish within the next year? Check all that apply.

Educational Goal:

- | | |
|--|--|
| <input type="checkbox"/> Improve my study/memory skills | <input type="checkbox"/> Improve my test taking skills |
| <input type="checkbox"/> Increase academic skills | <input type="checkbox"/> Attend a job training program |
| <input type="checkbox"/> Enter college or technical school/skills training | <input type="checkbox"/> Obtain my GED |
| <input type="checkbox"/> Other _____ | |

Work Goal:

- | | |
|---|---|
| <input type="checkbox"/> Create a resume | <input type="checkbox"/> Get a job |
| <input type="checkbox"/> Improve skills to advance in current job | <input type="checkbox"/> Keep current job |
| <input type="checkbox"/> Improve skills to enter military | |
| <input type="checkbox"/> Other _____ | |

Personal Goal:

- | | |
|--|--|
| <input type="checkbox"/> Read/write name and address | <input type="checkbox"/> Read to get information |
| <input type="checkbox"/> Read signs (which ones?) | <input type="checkbox"/> Improve writing skills |
| <input type="checkbox"/> Read labels/instructions | <input type="checkbox"/> Improve math skills |
| <input type="checkbox"/> Read/write notes to/from family | <input type="checkbox"/> Use a phone book |
| <input type="checkbox"/> Read and write shopping lists | <input type="checkbox"/> Get a driver's license |
| <input type="checkbox"/> Read a calendar, bus schedules, TV guides, etc. | |
| <input type="checkbox"/> Take part in school-related meetings and events | |
| <input type="checkbox"/> Other: _____ | |

Community Goal:

- | | |
|---|--|
| <input type="checkbox"/> Register to vote | <input type="checkbox"/> Apply for citizenship |
| <input type="checkbox"/> Apply for a library card | <input type="checkbox"/> Read leases/contracts |
| <input type="checkbox"/> Publish a newsletter or writing | |
| <input type="checkbox"/> Participate in community meetings/clubs/religious meetings | |
| Other _____ | |

Of all the goals you have checked, which are the two most important to you right now?

1. _____

2. _____

What are some things that may challenge or block you from completing your most important goals? _____

What are some things you can do to remove these challenges?

Wyoming INDIVIDUAL Goal Setting Form

PART I:

My overall long term education goal is: _____

My education goal for the next 6 months is: _____

The steps I need to take to meet my 6 months goal are:

1. _____

Start Date _____ Estimated Completion Date _____

2. _____

Start Date _____ Estimated Completion Date _____

3. _____

Start Date _____ Estimated Completion Date _____

4. _____

Start Date _____ Estimated Completion Date _____

PART II:

My overall personal, work, or community goal is: _____

My personal, work, or community goal for the next 6 months is: _____

The steps I need to take to reach this goal are:

1. _____

Start Date _____ Estimated Completion Date _____

2. _____

Start Date _____ Estimated Completion Date _____

3. _____

Start Date _____ Estimated Completion Date _____

4. _____

Start Date _____ Estimated Completion Date _____